

Newsletter ASDWT

October to December, 2025

Hello everyone!

October being Mental Health Awareness Month, everyone at ASD Welfare Trust was busy organising Mental Health Camps, Awareness & Training Workshops, and participating in different events hosted by other organisations. Notable among these were Salim Habib University, Kohi Goth Women's University, Rising Stars Rehabilitation Center, Dewa Academy and ASDWT office in Karachi; Ayesha Moosa Charitable Hospital in Badin; and Bahria University, and Gourmet Pakistan in Lahore.

This quarter we were also able to get involved with educationists as schools had opened after a long summer break, and teachers and Psychology students were keen to learn as much as they could about neurodevelopmental disorders and education pedagogies. More than 1000 teachers and students benefitted from our awareness and training sessions relating to Autism, ADHD, Specific Learning Disabilities and Intellectual Disorders.

We also had numerous awareness and training sessions with nurses of Kohi Goth Teaching Hospital for Nursing & Midwifery, Karachi, Lahore School of Nursing (Sargodha Campus), Shahida Islam Nursing College, Lodhran, and UCH Nursing College, Lahore on Autism, ADHD, Specific Learning Disabilities and Neurodevelopmental disorders.

The impact of engaging with nurses and health professionals will have a snowball effect as the number of children identified and diagnosed with Autism and related disorders will increase manifold, paving the way for early intervention and improved prognosis.

An interesting and very interactive awareness session on Autism was conducted for Rescue 1122 Emergency Services in Lahore. Their response was very positive and now we have been asked to hold similar sessions with all their teams in the Punjab province so that they can recognize persons with Autism and respond appropriately in emergency situations. We all also need to work with other organisations dealing with Disaster Management.

ASDWT is planning next year to engage with all religious communities and carry forward our awareness mission to mosques, churches, gurdwaras and all places of worship and congregation, as these avenues still remain underutilized. We are hoping to spread our work in smaller towns and villages through these communities all over Pakistan. Keep your fingers crossed and pray for us!

Wish you a Happy New Year!

Rukhsana Shah



Awareness Sessions, Trainings and Webinars

Work Shop On Behaviour Modification

Ms. Sadia Hassan Associate Clinical Psychologist conducted a 2.5 hour workshop on "Behaviour Modification" on 3rd Oct, 2025 at ASDWT office Karachi. Teachers and professionals from Dewa Academy were present which made the session very interactive and informative.

Participants: 9



Session with University of Lahore, Sargodha Campus

On October 8th, 2025 ASD Welfare Trust Lahore hosted an awareness session for The University of Lahore, Sargodha Campus. The workshop was facilitated by Ms. Hajira Gul (Principal, Lahore School of Nursing) and Mr. Ibrahim Shah (Vice Principal), and was attended by around 75 students from the Nursing and Nutrition departments.

Ms. Sunehra Zaidi spoke on ADHD and learning disabilities, while Ms. Humaira Akbar gave a detailed presentation on Autism Spectrum Disorder (ASD), covering its signs, symptoms, and red flags. The session offered future healthcare professionals with useful insights into identification and management of neurodevelopmental disorders.

Participants: 75x3= 225



Mental Health Awareness Day At Rising Star

On October 10th, 2025, Dr. Salma Khalil, COO of ASDWT, was guest speaker at Rising Stars Rehabilitation Center and School's World Mental Health Day event. She delivered a compelling address on the need to prioritise mental well-being in emergency situations and highlighted the need for accessible mental health facilities.

Dr. Salma also shed light on the often-overlooked mental health needs of parents of special needs children, underscoring the importance of supporting these caregivers and providing them with necessary resources. Her insightful discussion provided attendees with valuable guidance on accessing mental health resources, fostering a deeper understanding of the support required during times of crisis.

Mental Health Day at Dewa Academy

On 11th October 2025 Dr. Salma Khalil, the esteemed guest speaker at DEWA Academy's World Mental Health Day celebration, underscored the significance of prioritizing mental health for parents of children with special needs. Her insightful discussion covered the unique challenges these parents face, the importance of self-care, and strategies for maintaining emotional well-being. By emphasizing the need for mental health support, Dr. Salma's message resonated with the audience, promoting a more compassionate and supportive environment for families with special needs children.



Gourmet Pakistan

On 13th October'25 ASDWT conducted a session at Gourmet Pakistan Head office Lahore. The session was attended by their executives and staff. Ms. Humaira Akbar gave a presentation on understanding Autism. Ms. Sunehra Zaidi covered ADHD.

Gourmet team eagerly participated in the conversation. This initiative aimed to enhance awareness, understanding, and inclusivity in the workplace. We specially thanks Ms. Ayesha Javed, Ms. Mariam Mush-taq, and Mr. Islam ul Hassan Noon (Head of HR) for their assistance and support.

Participants: 80x2=160



Kohi Goth Women University

ASDWT Karachi Team conducted training at Kohi Goth College of Nursing and Midwifery for midwifery students on 17th October. Mr. Attaullah Chaudhry (Associate Clinical Psychologist) conducted the session on Depression, Anxiety, Stress, and their Management.

The session focused on understanding common mental health challenges among individuals and effective ways to manage emotional well-being. We appreciate Kohi Goth College of Nursing and Midwifery for their continued collaboration and support in promoting mental health education.

Participants: 66



Mental Health Day Event, Bahria University Lahore

On 21st October'25 ASDWT Lahore participated in a thought-provoking event, "Mental Health in Catastrophes and Emergencies: From Trauma to Recovery," organized by the All Pakistan Psychologists Community (APPC) in collaboration with Bahria University Lahore and Alkhidmat Foundation Pakistan. Ms. Rukhsana Shah, CEO ASDWT explained "Trauma in Persons with Disabilities." She underlined the significance of laws and community-based support networks, particularly places of worship and religious congregations, for raising awareness on disabilities and neuro-developmental disorders.



Shahida Islam Nursing College, Lodhran

ASDWT Lahore held an awareness Seminar on Neurodevelopmental Disorders at Shahida Islam Nursing College Lodhran on October 24, 2025 conducted by Associate Professor and Principal Mr. Nawshad Ali Khan. Ms. Sunehra Zaidi talked about ADHD and learning disabilities, while Ms. Humaira Akbar gave a session on Autism Spectrum disorder. By highlighting the significance of early detection and intervention in clinical practice, the workshop improves nursing students and staff members knowledge of neurodevelopmental disorders.

Participants: 140x3=420



Sulaiman Center, Begumpura, Lahore

ASDWT Lahore conducted 3 Awareness Training sessions on 29th October'25 at Sulaiman Centre in Begumpura on Autism, Attention Deficit Disorder (ADHD) and Specific Learning Disorders (SLD). The Training was followed by Q/A session.

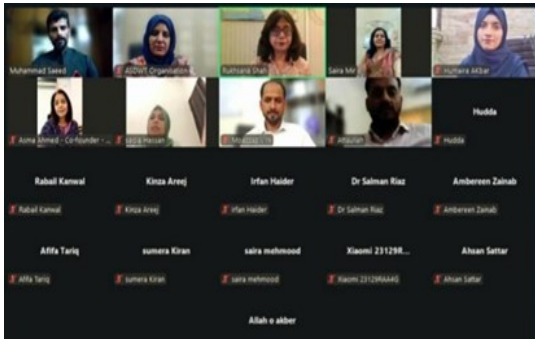
Participants: 18x3= 54



Free Mental Health Camp - Event

ASDWT Karachi organised an innovative and elaborate fun and therapy event in observance of World Mental Health Month on 30th October'25. From gratitude jars to art therapy, bubble blowing, mindful meditation, and psychological counseling — each activity aimed to help participants relax, reflect, and reconnect with their inner peace. The event was attended by a stream of visitors, parents, teachers and psychologist throughout the day.

Special thanks to our dedicated Karachi Team for their efforts in making this event a success.



Assessment Tools for Autism: Zoom Session

On 31st October 2025, ASDWT Lahore organized a Zoom training session on "Assessment Tools for Autism Spectrum Disorder" conducted by Mr. Mohammad Saeed who described the aim, administration, appropriate settings, interpretation, and scoring techniques of important assessment instruments including M-CHAT-R/F, CARS, Conners' Rating Scale, ABLLS, Portage Guide, ADOS-2, VABS, WISC, and TONI, which are frequently used to evaluate people with autism and related disorders. A lively Q&A session and debate marked the end of the programme.

Participants: 30

Kohi Goth Women University

On October 31st, 2025, the ASDWT Karachi Team conducted an informative awareness session at Kohi Goth College of Nursing and Midwifery for midwifery students.

Mr. Moazzaz Ali explained Intellectual Developmental Disorders & Down Syndrome and their Management. The session aimed to enhance understanding of common mental health challenges and equip students with practical strategies for managing emotional well-being in both personal and professional settings. We appreciate Kohi Goth College of Nursing and Midwifery for their continued collaboration and support in promoting mental health awareness and education in Pakistan.

Participants: 61





Ghazali Foundation School Faisalabad

ASDWT Lahore held an awareness and parent counseling session in Faisalabad on neurodevelopmental disorders on November 3, 2025. Ms. Humaira Akbar conducted a session on Autism and Ms. Sunehra Zaidi covered Attention Deficit Hyperactivity Disorder (ADHD) and Specific Learning Disabilities followed by a parent counselling and Q/A session. ASDWT would like to express its gratitude to the Ghazali Foundation for their facilitation.

Participants: 50x3=150

Beaconhouse School, Liberty Campus, Lahore

ASDWT Lahore conducted 3 awareness session on Autism, ADHD and Specific Learning Disabilities for teachers and students at Beaconhouse School System, Liberty Campus Gulberg, on November 5, 2025. We sincerely thank Ms. Shaista Raza (Headmistress) and Ms. Khadija Khan (HOD, Global Perspectives Department) for this opportunity.

Participants: 44x3=132



Kofi Goth University

On 7th November'25 ASDWT Karachi conducted an awareness session at Kofi Goth College of Nursing and Midwifery for midwifery students. Mr. Attaullah Chaudhry conducted a session on Stress Management. Ms. Sadia Hussan explained Oppositional Defiant Disorder, enhancing students' understanding of mental health issues, early signs, and effective management strategies. We are thankful to Kofi Goth College of Nursing and Midwifery for their collaboration and support in spreading mental health awareness.

Participants: 50x2=100



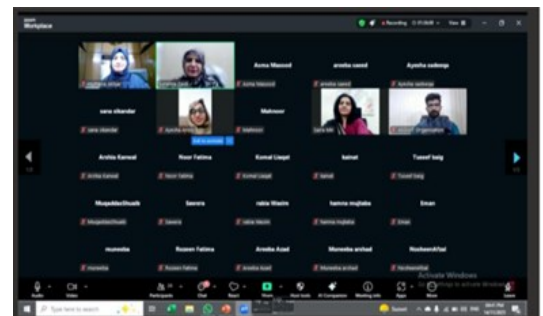
World Occupational Therapy Day. IHRI

On November 11th, 2025, Dr. Salma Khalil, COO ASDWT, Karachi, participated in celebration of world Occupational Therapy day at IHRI. She highlighted the value of Occupational Therapy in Rehabilitation process of special need children and guided participants on how to spread awareness for parents of special need children in accessing mental health resources.

Punjab College for Women, Jhelum

ASDWT Lahore held 3 awareness sessions on Zoom for MS Psychology students of Punjab College for Women Jhelum on 14th November. The Team gave detailed presentations on Autism, ADHD and Specific Learning Disabilities followed by Q/A. We would like to express our sincere gratitude to Ms. Ayesha Arooj, lecturer at Punjab College for her assistance in making this session successful.

Participants: 33x3=99





Nayab School, Khalid Jibran Foundation.

ASDWT team held an awareness session on Autism, ADHD and Specific Learning Disabilities for Jibran Khalid Foundation's Nayab School in Lahore on November 17, 2025. Students of MS psychology of Lahore Garrison University also attended the workshop.

We are thankful to Ms. Khawar Sultana, Director of JKF, Ms. Kanwal, Principal for organizing the session.

Participants: 20x3=60



Durr-e-Rehmat Foundation Orphanage, Lahore

ASDWT Lahore conducted awareness sessions on Autism and related neurodevelopmental disorders on 19th November'25. It was attended by School & Orphanage administration, teachers, and students.

We would like to express our profound appreciation to Ms. Sarah Baqa, Operations Director for her cooperation.

Participants: 34x3=102

Al-Razai Institute, Shahdara

On November 20, 2025 ASDWT Lahore conducted a training workshop for BS Psychology students at Al-Razai Institute, Shahdara.

Ms. Humaira Akbar gave a presentation on Autism Spectrum Disorder and its effective management. Mr. Muhammad Saeed gave a talk on Assessment Tools for Autism. We are grateful to Dr. Syed Ihtisham Ahmed, Project Director & Principal, and Ms. Shamsa Batool, HOD for facilitating the workshop.

Participants: 30x2=60



OCD Awareness Session at Kohi Goth College of Nursing and Midwifery

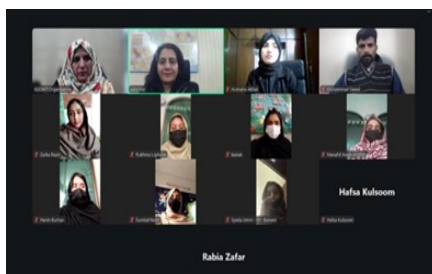
On 21st November, ASDWT Karachi conducted an awareness session for midwifery students at Kohi Goth College of Nursing and Midwifery. Ms. Sadia Hassan conducted a session on understanding Obsessive Compulsive Disorder (OCD), Symptoms, Treatment, Support Systems and Reducing Stigma. ASDWT appreciates Kohi Goth College for their support in promoting mental health awareness.

Participants: 70

Camp and Workshop In Badin

On the invitation of Mr. Abdul Qadir (Founder of Ayesha Moosa Charitable Hospital), Dr. Salma Khalil (COO ASDWT Karachi) along with Ms. Sadia Hassan, Mr. Attaullah Chaudhry and Mr. Moazzaz Ali conducted a Screening Camp in Badin on 24th November, 2025. Team ASDWT screened more than 40 individuals with different neurodevelopmental issues and provided parental counseling to the underprivileged community from different areas of district Badin.





British International School, Peshawar

ASDWT conducted an awareness session on 28th November for teachers of British International School, Peshawar on Autism, ADHD and Learning Disabilities. The Team highlighted signs, symptoms and management techniques followed by a Q/A session. We are thankful to Ms. Rabiya Zafar, Principal for facilitating the session.

Participants: 17x3=51

Kohi Goth Session

On November 28, 2025, the ASD Welfare Trust - Karachi Team conducted an enlightening awareness session for midwifery students at Kohi Goth College of Nursing and Midwifery. Mr. Attaullah Chaudhry delivered an insightful session on Stress Management and its strategies followed by a Q/A session.

Participants: 69



Ali Trust Pakistan, Islamabad

On December 1, 2025 ASDWT Lahore Team conducted an online training workshop for Ali Trust School' teachers from Islamabad, Rawalpindi, Okara and Pakpattan. ASDWT appreciates Ms. Rafeela Naz, Chairperson ATP and Ms. Sobia Kanwal, Head Education Directorate, ATP for facilitating the session.

Participants: 25x3=75



Mental Health Panel Discussion with Salim Habib University, Karachi

On 5th December, ASDWT Karachi was invited by Mr. Saad Hashmi at GRAND ADMEET 2025 to conduct a panel discussion on the Mental Health Crisis in the Marketing Industry along with Mind-Boosting and Fun Corner Activities designed to promote relaxation and emotional wellbeing.

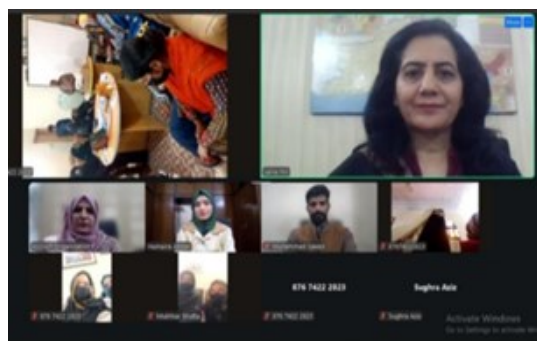
Dr. Salma Khalil served as the Mental Health Ambassador, offering deep insights on stress, burnout, and workplace wellbeing. Ms. Sadia Hassan, Ms. Sadia Jawaid, Mr. Attaullah Chaudhry, and Mr. Moazzaz Ali contributed to the discussion and participated in wellbeing and mind-boosting exercises, stress-relief games, and meaningful conversations around achieving balance in modern marketing careers. Participants: 21

Social Welfare Society, Kot Addu

Team ASDWT, Lahore conducted a Zoom session on 5th December for Social Welfare Society, Kot Addu. Teachers and community-based workers participated in the session. Ms.

Humaira Akbar gave a presentation on Autism, Ms. Sunehra Zaidi covered ADHD and Learning Disabilities, diagnostic standards, etiology, useful management strategies, and classroom support tactics. We sincerely thank Mr. Mukhtar Bhutta, President of the Kot Addu Social Welfare Society, for organizing this important awareness session.

Participants: 27x3= 81



Punjab Emergency Services Department Rescue 1122

ASDWT Lahore held an awareness workshop for Punjab Emergency Services Department Rescue 1122 on 10th December. We extend our appreciation to Mr. Muhammad Azam for organising the session. Mr. Muhammad Saeed, Clinical Psychologist, ASDWT, explained that Autism is an invisible neurodevelopmental condition that is difficult to identify, making autistic individuals vulnerable during emergencies.

Rescue personnel were taught to spot panic attacks, repetitive behaviours, non-responsiveness, and sensory overload, and how to deal with them calmly, clearly, and methodically through scenario-based demonstrations. The group showed a lot of interest in the interactive session and requested ASDWT to conduct similar sessions for their Team in other parts of the province. Participants: 22



Session on Puberty & Adolescence in PCA

On 11th December, Dr. Salma Khalil led an insightful session for parents of children with Autism on "Puberty & Adolescence in Autism Spectrum Disorder" at the Pakistan Centre for Autism (PCA) in Karachi. During the talk, She stressed the importance of preparing children for physical and emotional changes that accompany puberty, and what practical strategies to follow for parents to guide their children through these challenges, and fostering a smoother transition into adolescence.

Participants: 13



UCH Nursing College, Lahore

On 11th December, an awareness session was conducted by ASDWT Lahore at United Christian Hospital (UCH) Nursing College Lahore on Autism signs, symptoms, red flags, and management, followed by presentations on ADHD and Specific Learning Disabilities, diagnostic standards, potential causes, and management strategies.

The role of nurses in early detection, sympathetic communication, and supportive care for neurodivergent people was highlighted throughout the discussion. We are thankful to Dr. Akash Mathew, Medical Director UCH for organizing the session. Participants: 46x3=138



Kohi Goth Women University

On December 12, ASDWT Karachi conducted a Training session for midwifery students at Kohi Goth College of Nursing and Midwifery. Ms. Sadia Jawaid gave a presentation "Every Bite Counts" and discussed the importance of ensuring a positive mealtime experience for neurodiverse children. The session focused on eating issues and creating positive meal time strategies.

Participants: 62



Kohi Goth College of Nursing and Midwifery

On 19th Dec, 2025, the ASD Welfare Trust Karachi Team conducted an enlightening awareness session for midwifery students at Kohi Goth College of Nursing and Midwifery.

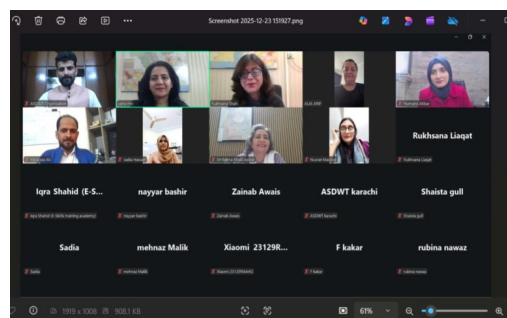
Mr. Attaullah Chaudhry explained Creating Positive Mealtime Experiences for Neurodiverse Children.

Participants: 63

How to manage stress (Zoom Workshop)

ASDWT Lahore conducted a workshop on Stress Management on December 23, 2025, to describe stress, its underlying causes, and the distinction between positive and negative stress. Mr. Muhammad Saeed of ASDWT also guided the participants through a step by practical Progressive Muscle Relaxation exercise.

Participant: 27



Noor Grammar School

On 24th December'25 ASDWT Lahore conducted an awareness training session in Autism, ADHD and Learning Disabilities, their signs, symptoms, management techniques. It was followed by an interactive Q/A session. ASDWT appreciates Ms. Bakhtavar Farooki, Principal Noor Grammar School and Mr. Fahad Ali for their support and coordination for session.

Participants: 30x3=90

MOU Signing with Marie Stopes Society

After the successful completion of MOU with Marie Stopes Society last year, a second MOU was signed on 24th December, 2025, whereby the collaborative partnership between Marie Stopes Society (MSS) and ASD Welfare Trust (ASDWT) is to be enhanced for the promotion of awareness and education through joint outreach programmes, training and capacity building of communities.



Friendship Circle Event on International Day of Persons with Disability

In celebration of the International Day of Persons with Disabilities, ASDWT Lahore participated in the Friendship Circle on 3rd December'25 hosted by Ghazali Foundation and LABARD at a fun get-together in Liberty Chowk, Gulberg.



Meetup at Alkhidmat Foundation

On 2nd December 2025, ASD Welfare Trust participated in a volunteer meetup at Alkhidmat Foundation. Dr. Mushtaq Ahmad Mangat, Vice President of Alkhidmat Foundation, explained that the meetup aimed at encouraging young volunteers to get involved in community development activities. ASDWT is already collaborating with AlKhidmat Foundation.



Visits and Meetings

Visit to Sulaiman Center, Begumpura

On 1st October'25 ASDWT Lahore team visited Sulaiman Center in Begumpura, where they were received by the Head of the Center, Ms. Tayyaba Tahir. The center operates under the NGO Care for Cannot(C4C). The facility serves 47 children with mixed disabilities aged 7-19. Teachers from the local community are employed to teach the students.



Visit to DEWA Academy

On 2nd October 2025, ASDWT Karachi team visited DEWA Academy, a remarkable institution dedicated to educating and supporting children with special needs. Mr. Rizwan Ahmed, CEO DEWA Academy shared valuable insights about the academy's mission and initiatives. We look forward to future collaborations between DEWA Academy and ASD Welfare Trust to further empower individuals with autism and other special needs.



Visit to Noor Project, Lahore

On 17th October'25 ASDWT Lahore visited The Noor Project, an outstanding social welfare program started in 2012 by Mr. Khalid Sheikh and co-founded by Mr. Amjad Wattoo.

Mr. Syed Aamir Raza, GM Operations, Mr. Amir Naseem, Executive Manager of HANDS Organization, and Ms. Shireen Asad of Lahore City Rotary Club briefed the visitors on the various activities of the Project for underprivileged groups. The Project operates a School, a Vocational Training Institute, "Izzat Ki Roti." Special thanks to Mr. Sheikh Parvez, a Rotary Club member and committed community worker, for coordinating the visit.



Special Children Rehabilitation Centers, Hyderabad

On 23rd October'25 ASDWT Karachi visited 4 Special Children Rehabilitation Centers in Hyderabad: Destination, Desert Hawk, Batool Special Education School and Genius World. The visit aimed to strengthen collaboration, explore training opportunities, and share valuable resources to support institutions working for the development and empowerment of children with special needs.

Visit to Fountain House

On 30th October'25 a vibrant annual art competition took place at Fountain House HRVRC (Haroon Rasheed Vocational and Rehabilitation Center). The event's subject was "Flower," and special needs kids used freehand coloring to express their joy and creativity. Children and staff were engaged with by the ASDWT team. Along with food vendors and presents for every attendee, the event was full of smiles, education, and inclusivity. We appreciate Ms. Tulu Mahmood and her staff for organizing such a joyful event.



Visit Pak Speech and Language Therapy Center, Lahore

On 31st October'25 ASDWT team visited Pak Speech and Language Therapy Center. Ms. Farah Tauqeer, Clinical Psychologist, explained their center's operations. She is conducting one to one speech and behavior therapy sessions.



Visit to Global Kids Campus

On 7th November'25 ASDWT visited Kids Global Campus Wapda town Lahore. Ms. Sara Muhammad Sarfraz, HOD and Ms. Laila welcomed the team. Global Kids Campus offers pupils structured educational and therapeutic help. They offer assessments and therapy sessions including group activities, occupational therapy (OT), speech therapy, and Applied Behavior Analysis (ABA). They also prepare children for main stream schools.



Visit Special Education and Training Center, Lahore

ASDWT Team Lahore visited Special Education and Training Center, Lahore on 13th November. Dr. Khalida Tareen, renowned Child Psychiatrist of Mayo Hospital took keen interest in ASDWT work. Ms. Mubina, the Principal, gave a tour of the school and described the system and vocational training programmes of the School. Students above the age of 15 are transferred to vocational training, Mainstream and inclusive schooling sections are housed in the same facility.



Special Olympics Pakistan Meeting

On 25th November'25 ASDWT Lahore participated in Special Olympics Pakistan Consultative Meeting on Key Findings of Report on Disability Inclusion in Health Systems. The session was led by Ms. Rubab Askari (Regional Manager, SOP) and Dr. Aisha Saher (Research Team Lead, RC Initiative, SOP).

The Consultative meeting was attended by the Departments of Social Welfare and Health, and representatives of NGOs and Schools. Dr. Aisha Sehar presented a detailed presentation on Key Findings for System-Level Inclusion of Persons with IDD in Pakistan Health System.

Ms. Rukhsana Shah, CEO ASDWT shared her feedback on current legislation and the need for accurate data collection through a fresh Census for Persons with Disabilities, for appropriate policymaking and budget outlays. It was an insightful and productive discussion, reinforcing the importance of developing inclusive health systems where individuals with IDD are actively involved in shaping these policies.



Visit to Scinosa Day Care Centre

Ms. Rukhsana Shah and Dr Salma Khalil visited SCINOSA Day Care Center in Nazimabad on 9th December'25 on the invitation of Ms. Rahat Muslim. SCINOSA is one of the oldest institutions catering to special needs children and adults in Karachi. It was inspiring to meet persons with Intellectual Disability and Down syndrome learning through different therapies and vocational skills. The Centre is a must see for philanthropists and social workers alike. We highly appreciate team SCINOSA and especially Principal Ms. Rizwana Khanam for giving so much time to ASDWT.

ASDWT at the Regional Bocce Competition 2025, Karachi

Dr. Salma Khalil represented ASDWT at the Regional Bocce Competition 2025, organized by Special Olympics Pakistan in celebration of World Disability Day on December 1, 2025.



International Day of Persons With Disabilities at DEPD

On December 3, 2025 ASDWT participated in the Inclusive Talent Exhibition, organized by the Department of Empowerment of Persons with Disabilities (DEPD), Government of Sindh, in honour of the International Day of Persons with Disabilities. The event celebrated abilities, diversity, and inclusion.



Meeting with Punjab University Students

On 11th Dec, 2025, ASDWT Lahore briefed students from the Institute of Administrative Sciences, University of the Punjab. Mr. Muhammad Saeed, Ms. Humaira Akbar, and Ms. Sunehra Zaidi participated in the discussion aimed at raising awareness about Autism in different communities and social groups.



Visit to Scinosa Day Care Centre

On December 16, 2025 ASDWT Karachi, Moazzaz Ali, Sadia Hussan and Attaullah Chaudhry visited SCINOSA Day Care Centre to review their facilities and engage with the teachers and staff for future trainings and collaboration.



Visit to ABC Montessori, Mughalpura, Lahore

ASDWT Lahore team visited ABC Montessori on 16th December '25. Ms. Bisma Amir, CEO & Founder and Ms. Isra Tahir, coordinator welcomed ASDWT team and gave a tour of the school. More than 60 neurodivergent children are studying in an inclusive set up. The school has Montessori to class 5. IEP Plans are made for students. They are offering all therapies at affordable rates. ASDWT will conduct session for parents next year.



Visit to Pakistan Legal United Society

On 29th December, 2025 Dr. Salma Khalil (COO ASDWT Karachi) along with team visited Pakistan Legal United Society (PLUS). Both organizations presented their community outreach programs, with a focus on awareness initiatives and capacity-building training sessions. Team ASDWT Karachi is thankful to Ms. Rizwana Patel (Executive Director PLUS).

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